

# SOUTH ASIANS IN THE UNITED STATES

A Guide for Social Workers and Other Helping Professionals

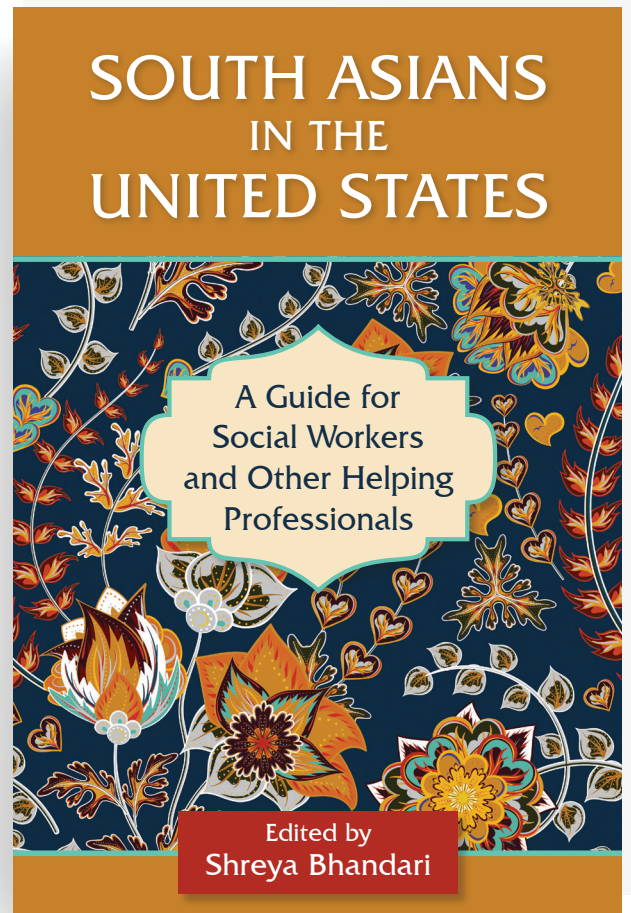
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## Included in this text:

- A history of South Asians in the United States, including the immigration patterns, religious diversity, and languages and cultures that shape this community
- Connections between intersectionality and postcolonialism, and the impact that various identities have on the health and well-being of this growing population
- A discussion of the root causes of the marginalization, suffering, and vulnerability of South Asians in the United States
- Evidence-based literature on the prevalence, nature, and types of social issues that this population faces, as well as how social workers can best intervene

## Use this book to:

- Understand how acculturation to the mainstream has a profound impact on stress levels, coping mechanisms, and lived experiences of South Asians in the United States
- Address challenges that South Asians in the United States face at the intersection of age, gender, language, race, immigration, and culture-related barriers
- Employ an intersectionality framework when approaching issues relevant to South Asians, including domestic violence, mental health, parenting, gender and sexual orientation, workplace barriers, and aging
- Combat sources of oppression that have disproportionately affected the South Asian population in the United States—namely, racism, sexism, casteism, homophobia, and xenophobia
- Offer understanding, sensitivity, and hope to South Asians in your care and community



Full table of contents and sample chapter, plus additional materials, available!



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